

Head Track & Field April News



We can only be said to be alive in those moments when our hearts are conscious of our treasures. My treasures are being the coach of your athletes. Thank you for this precious gift.

Congrats to **Jessi Rusi** and her 9th place finish at states in the triple jump and **Ashley Shannon's** 15th place in the discus at states! Both young ladies worked hard to deserve this trip to states and ended their senior year in style!

Congrats to **Coach Sue O'Malley** started her summer track season with seven state titles at the USATF Open/ masters track meet on Sunday May 2nd at the National Training Center in Clermont Florida. Coach won the titles in the 100 meters, 200 meters, 400 meters, 800 meters, 1600 meters, 5,000 meter and anchored the winning 4x100 relay team. Since turning 40 and competing for the state of Florida, Sue has won 21 state titles! She is truly an inspiration!

Reminders:

All track uniforms turned in now will cost you \$50.00 on top of turning them in.

Sports Banquet on Wednesday May 12th at 5:30, please RSVP.

Any boys team member in need of service hours can help move track equipment on Thursday afternoon May 6th after school. Please let Coach Cabiac know if you can make it.

Does any parent have pictures of the track athletes and would want to put together a slide show for our banquet? Just let me know. Anyone having pictures of the seniors would be appreciated.

May you have a blessed summer and see you on the roads and track!

Sincerely,

Coach O'Malley

